

THE CLOSEUP

HUMAN RESOURCES INFORMATION FOR RETIREE HEALTH CARE PLAN MEMBERS



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Get Ready for Annual Enrollment in October

[2027 Annual Enrollment is Oct. 19 Through Oct. 30, 2026](#)

Your opportunity to make changes to your benefit elections, enroll in benefits, or add or remove dependents from coverage is coming soon!

Over the next few weeks, we'll provide you with more information about Annual Enrollment, including benefit changes taking effect Jan. 1, 2027.

In the meantime, please read the following information to help you get ready for Annual Enrollment.

If You Make a Coverage Change During Q4 2026

If you experience a qualified life event and make a benefits coverage change during the period of October through December 2026, you must contact the *EIX Benefits Connection* to ensure the change is carried forward into the new plan year.

(continued)



Do You Need to Take Action During Annual Enrollment?

During the 2027 Annual Enrollment, take action if you need to:

- Add or remove a dependent from coverage; or
- Change current coverage for yourself and/or your covered dependents.

Adding a Dependent to Coverage?

Any time you add a dependent to your coverage, you must provide documentation that verifies your relationship. Within two to three weeks of enrolling a dependent, you'll receive information from *EIX Benefits Connection* about how to complete this process online or by mail. For more information now, go to eixbenefits.com at **Resources > Info/Forms > About Your Benefits > Health & Welfare > Dependent Eligibility Guidelines**.

Why Should You Explore Annual Enrollment?

Learn about our 2027 plan changes, including how monthly benefit costs and other out-of-pocket expenses compare among different plans. Even if you typically don't take action during Annual Enrollment, it's a good idea to review all of your options for 2027 to determine if you need to make changes.

For a summary of our medical, prescription drug, dental, and vision plans, refer to the online 2027 Health Plans Comparison will be available beginning in mid-October on eixbenefits.com at (**Resources > Info/Forms > About Your Benefits > Health & Welfare**).

- **Make sure your current coverage continues meeting your needs next year.** For example, are you considering moving out of your provider's service area? Do you have a dependent who will live in a different geographic area than you?

To help you decide, refer to the following resources available on eixbenefits.com in mid-October:

- Benefits Enrollment Guide (**Resources > Info/Forms > About Your Benefits > Health & Welfare**)
- Health Plans Comparison (**Resources > Info/Forms > About Your Benefits > Health & Welfare**)
- Summary of Benefits and Coverage (**Resources > Info/Forms > Health & Welfare Plan Details**)

- **Review your covered dependents to make sure they are still eligible for coverage and confirm they aren't enrolled in coverage for which they are no longer eligible.** See our Dependent Eligibility Guidelines on eixbenefits.com at **Resources > Info/Forms > About Your Benefits > Health & Welfare > Dependent Eligibility Guidelines** for more information. You should also take a moment to review your dependents' Social Security numbers on file. If needed, update this information on eixbenefits.com.

- **Review your current beneficiaries** for life insurance*, pension** and 401(k) benefits to ensure they are up to date.

* IBEW and UWUA employees who retired after 2016, and non-represented employees who retired after 2017 are no longer eligible for retiree life.

** Not applicable to retirees who are already receiving a pension benefit.

(continued)

Prepare Now for Annual Enrollment

- Confirm that you can log in to the *EIX Benefits Connection* website with your user ID and passcode.** If you haven't accessed the site since last year, you may need to re-register credentials for the site. Visit eixbenefits.com and select the option to register as a first-time user.
- Review your mailing and home addresses on file since your benefit coverage option costs are based on your home address.** Go to the *EIX Benefits Connection* website, click on your initials in the upper right-hand corner of the home page, then click on View Profile. Review the information on the Personal Info tab. Your address(es) in the system as of Sept. 21 will be used for Annual Enrollment purposes.
- Review your email address(es) on file.** Go to eixbenefits.com at **Profile > Email**. Click the **Edit Email Address** link and add or edit your personal email address.
- Set your email communication preferences at eixbenefits.com > Profile > Communications.**

Your New One-Stop-Shop for Discounts and SCE-Exclusive Offers

Available to employees and retirees, the new SCE Employee Discount Central platform replaces Tickets at Work as your one-stop shop for savings on everyday purchases, travel, entertainment and more.

Visit sce.savings.workingadvantage.com to create a new account to access the deals available on the site. You are not required to provide an SCE email to register.

After you register, you'll find special offers on a wide variety of products and services including:

- Restaurants and grocery stores
- Memberships
- Retail stores
- Theme parks and attractions
- Hotels, cruises and rental cars
- Movie tickets
- Shows, sports and concerts
- Gift cards

Check Out SCE-Exclusive Discounts

In addition to finding discounts on shopping, travel, and entertainment, the site also features SCE-exclusive discounts. After creating your account, click the tab **Southern California Edison Specials** at the top of the page to see exclusive discounts, including offers from AT&T, Verizon, and Microsoft.



Shine a Light on High-Functioning Depression

This October during Depression Awareness Month, take a moment to check in with yourself and those around you. Depression doesn't always look the way people expect, and some of its most common symptoms can go unnoticed. Understanding the signs of hidden depression can be an important first step toward seeking support and reducing stigma.

Depression Doesn't Always Scream. Sometimes It Whispers.

When most people think of depression, they picture someone who is visibly sad or withdrawn. But depression doesn't always look that way. Some people continue to care for their families, and stay socially engaged while quietly struggling with emotional pain. This is often referred to as **hidden depression** or **high-functioning depression**.

Because the signs can be subtle, hidden depression may go unrecognized by both the individual and those around them. Common signs can include:

- Feeling emotionally numb or disconnected
- Increased irritability or frustration
- Constant busyness or overworking to avoid difficult feelings
- Withdrawing from social activities while appearing "too busy"
- Changes in sleep or eating habits
- Persistent fatigue that rest doesn't seem to improve
- Losing interest in activities that once brought enjoyment
- Excessive self-criticism or perfectionism
- A lingering sense of emptiness or hopelessness

Depression can also affect physical health. Symptoms may include headaches, muscle tension, digestive issues, low energy, sleep problems, or changes in appetite.

Why People Often Hide Depression

People may keep their struggles to themselves for many reasons, including:

- Concern about stigma surrounding mental health
- Fear of burdening others
- Cultural or social expectations
- Pressure to maintain a successful or capable image
- Learned patterns from past experiences or trauma

Taking the First Step

If you've noticed some of these signs in yourself, remember that you don't have to wait until things feel overwhelming to seek support. Experts recommend:

- Acknowledging what you're experiencing;
- Talking with someone you trust;
- Connecting with a mental health professional; and
- Taking small, manageable steps to support your well-being, such as regular movement, healthy sleep habits, and time outdoors.

You're Not Alone

One of the challenges of hidden depression is that it can remain invisible. A person can appear successful, productive, and engaged while still struggling internally. If something doesn't feel right, it's okay to ask for help. Reaching out is a sign of strength — not weakness — and support is available.

Adapted from "15 Signs of Hidden Depression You Shouldn't Ignore" (<https://psychiatrymagazine.com/signs-of-hidden-depression/>) by Adil Farooq for Psychiatry Magazine.

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Support Starts Here

If you or someone you know is experiencing thoughts of self-harm or suicide, seek immediate support through emergency services or the 988 Suicide & Crisis Lifeline (call 988 or visit <https://988lifeline.org/>).

For more information on the mental health coverage provided by Edison health plans, visit www.edisonretireebenefits.com >

Medical & Pharmacy and select your plan from the list of pre-Medicare or Medicare plans. Refer to the Mental Health and Substance Use Benefits Overview for your plan.

You can also take advantage of the counseling and mental health resources available through Optum EAP. Visit www.liveandworkwell.com, access code: **Edison** or call (800) 443-4474 to speak to a representative 24 hours a day, 7 days a week.

Think you may be suffering from depression?

Take this anonymous online screening test through Mental Health America (<https://screening.mhanational.org/screening-tools/depression/>). The screening test is not a diagnosis but can help inform conversations with your health care provider.



In Memoriam

December 2018 – August 2026 (dates by name reflect time of service)

DECEMBER 2018

Bruce Allen Geisler (12/15/1980 – 6/14/1995)

APRIL 2019

James B. Nippolt (10/12/1982 – 10/15/1995)

FEBRUARY 2025

Michael S. Irick (12/31/1984 – 1/1/2013)

APRIL 2025

Richard G. Sharbaugh (3/18/1999 – 8/1/2007)

MARCH 2026

Raymond J. Ahrns (4/13/1970 – 7/1/1996)

Patrick Drea (12/15/1999 – 8/23/2003)

John R. Hoop (2/1/1982 – 5/1/2009)

John P. Reynoso (7/19/1982 – 8/6/1991)

MAY 2026

Alice M. Mintz (9/4/1980 – 4/1/2001)

Thomas H. Graham (3/23/1960 – 11/1/1996)

Robert J. Hernandez (1/12/1981 – 4/10/1997)

William M. James (1/1/1969 – 5/23/1980)

Howard S. Reno, Jr. (11/4/1965 – 10/14/1996)

Wayne A. Rodriguez (3/7/1988 – 4/1/2025)

Joseph L. Traner (4/23/1987 – 3/16/2013)

Toni True (12/17/1984 – 12/1/2004)

JUNE 2026

Neil B. Bloom (5/2/1983 – 8/1/2004)

William K. Brown (12/15/1999 – 10/5/2004)

Quinten E. Collins (1/5/1966 – 10/14/1996)

Daniel M. Conway (8/27/1984 – 6/1/2008)

Dennis I. McCosh (6/9/1980 – 7/1/1996)

Stanley E. Creveston (11/23/1962 – 12/1/1994)

Gary A. Crook (7/30/1973 – 1/1/2013)

J. E. Richmond Dubois (7/6/1971 – 7/1/1995)

Richard L. Ferris (9/21/1959 – 7/1/1996)

Richard L. Finley (9/8/1964 – 12/30/1996)

Santiago E. Gonzales (2/14/1977 – 11/1/1996)

Mark Guenther Hottendorf (4/5/2010 – 6/11/2026)

Gerald J. Kaiser (1/4/1971 – 4/3/1995)

Warren D. Markham (10/7/1985 – 10/14/1996)

Richard L. Miller (6/13/1966 – 12/1/1994)

Clifford S. Moriyama (8/31/1992 – 10/1/2012)

Arel J. Quessenberry (1/10/1956 – 10/1/1989)

Genoveva Rivera (2/14/1981 – 4/1/1992)

Michael E. Robertson (6/25/1962 – 12/1/1997)

Joseph R. Tague (8/26/1957 – 10/1/1990)

Richard R. Vasquez (9/2/1969 – 12/1/1998)

Eugene Wagner (1/30/1961 – 11/1/1992)

JULY 2026

James A. Austin (1/24/1962 – 7/1/1996)

Eugene Aza, Jr. (7/5/1961 – 6/1/1992)

Oliver A. Benefield (9/4/1969 – 12/11/1981)

Michael R. Brookins (6/9/1980 – 7/1/1996)

Lowell E. Davis (8/3/1961 – 5/1/1995)

Edward Z. Dunay (8/24/1970 – 4/1/1987)

Jerry C. Ezell (4/4/1967 – 10/14/1996)

Wayne R. Friday (6/7/1983 – 6/1/2011)

Denzel C. Gann (7/1/1968 – 1/1/2000)

Daniel W. Goff (3/1/1963 – 10/1/1995)

Debra J. Griffith (10/11/1983 – 3/1/2013)

James Hernandez (1/30/1980 – 5/1/2007)

Donna E. Kaitangian (12/18/1984 – 11/30/2004)

Robert M. Karayan (8/7/1968 – 9/1/1996)

William J. Kirkpatrick (9/21/1981 – 9/22/1989)

Larry L. Leach (9/10/1979 – 12/1/1994)

Garry D. Marks (3/21/1968 – 10/14/1996)

Samuel S. McGaughy (10/10/1955 – 3/1/1989)

Ray Militello (12/29/1980 – 7/1/1996)

Owen V. Peet (7/30/1973 – 9/1/1994)

Jerry L. Reid (5/11/1964 – 12/1/1994)

Richard N. Schweinberg (7/6/1982 – 5/1/1999)

Kenneth A. Shrote (9/24/1990 – 4/27/2013)

Sheila J. Turano (7/6/1993 – 3/1/2008)

Samuel Wong (6/4/1973 – 2/1/1995)

Glenn P. Young (9/24/1951 – 8/1/1988)

AUGUST 2026

James E. Groves (3/27/1967 – 12/30/1996)

The In Memoriam list includes deaths reported to *EIX Benefits Connection* since the publication of the previous issue.

Service Anniversaries

Q4 2026

45 YEARS

Jaime V. Frutos
Gilbert L. Leon
Rosalind K. Locklin
Louis Zegarra

40 YEARS

Maria E. Amaral
Carla Jo. Anthony
John H. Bubbb
Erwin James G. Cruz
Roy S. Lewis, Jr.
Joseph W. Reyes
Edward J. Sanchez
Gilbert R. Saucedo
Brice J. St. Cyr
Randy A. Stone

35 YEARS

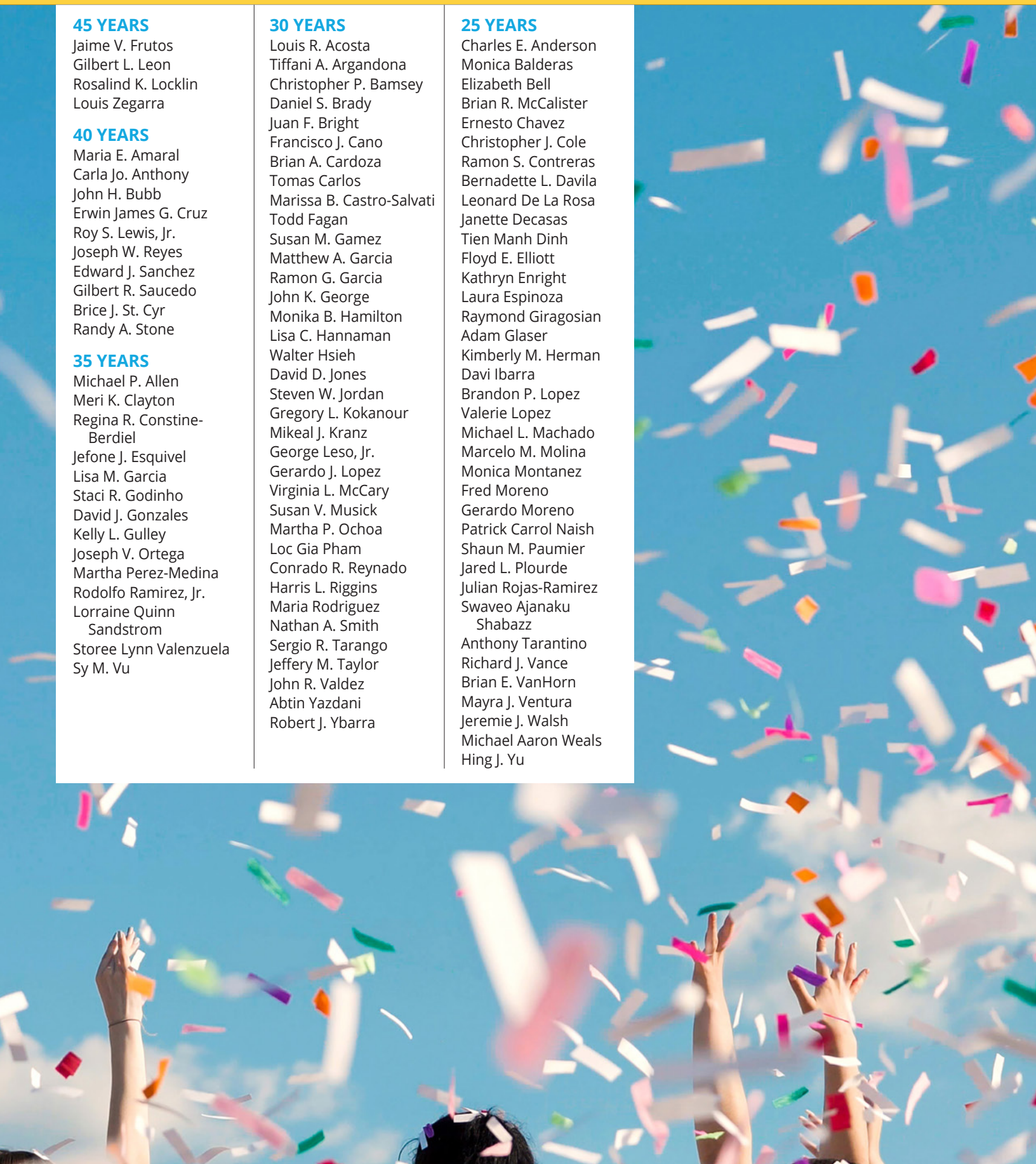
Michael P. Allen
Meri K. Clayton
Regina R. Constine-Berdiel
Jefone J. Esquivel
Lisa M. Garcia
Staci R. Godinho
David J. Gonzales
Kelly L. Gulley
Joseph V. Ortega
Martha Perez-Medina
Rodolfo Ramirez, Jr.
Lorraine Quinn Sandstrom
Storee Lynn Valenzuela
Sy M. Vu

30 YEARS

Louis R. Acosta
Tiffani A. Argandona
Christopher P. Bamsey
Daniel S. Brady
Juan F. Bright
Francisco J. Cano
Brian A. Cardoza
Tomas Carlos
Marissa B. Castro-Salvati
Todd Fagan
Susan M. Gamez
Matthew A. Garcia
Ramon G. Garcia
John K. George
Monika B. Hamilton
Lisa C. Hannaman
Walter Hsieh
David D. Jones
Steven W. Jordan
Gregory L. Kokanour
Mikeal J. Kranz
George Leso, Jr.
Gerardo J. Lopez
Virginia L. McCary
Susan V. Musick
Martha P. Ochoa
Loc Gia Pham
Conrado R. Reynado
Harris L. Riggins
Maria Rodriguez
Nathan A. Smith
Sergio R. Tarango
Jeffery M. Taylor
John R. Valdez
Abtin Yazdani
Robert J. Ybarra

25 YEARS

Charles E. Anderson
Monica Balderas
Elizabeth Bell
Brian R. McCalister
Ernesto Chavez
Christopher J. Cole
Ramon S. Contreras
Bernadette L. Davila
Leonard De La Rosa
Janette Decasas
Tien Manh Dinh
Floyd E. Elliott
Kathryn Enright
Laura Espinoza
Raymond Giragosian
Adam Glaser
Kimberly M. Herman
Davi Ibarra
Brandon P. Lopez
Valerie Lopez
Michael L. Machado
Marcelo M. Molina
Monica Montanez
Fred Moreno
Gerardo Moreno
Patrick Carrol Naish
Shaun M. Paumier
Jared L. Plourde
Julian Rojas-Ramirez
Swaveo Ajanaku Shabazz
Anthony Tarantino
Richard J. Vance
Brian E. VanHorn
Mayra J. Ventura
Jeremie J. Walsh
Michael Aaron Weals
Hing J. Yu





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The Close Up is intended solely for retirees and survivors who are eligible for retiree health care coverage under the Edison International Welfare Benefit Plan. Other groups may have different benefits than those represented in this newsletter.



Human Resources Information for
Retiree Health Care Plan Members

THE CLOSEUP

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