

THE CLOSEUP



HUMAN RESOURCES INFORMATION FOR RETIREE HEALTH CARE PLAN MEMBERS



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Be Cautious of Unsolicited Financial Planning Services

External financial resources may appear to be Edison-sanctioned or sponsored when they are not.

Edison does not provide your information to financial services firms and does not authorize or condone direct contact of employees or retirees by these firms. Many times they are selling investment products for which they make a commission. You're strongly cautioned to be careful and refrain from sharing your personal or financial information.

If you're contacted, you're urged to report the following to HR Services:

- The name of the person calling or emailing.

- His or her contact information.
- The name of the firm he or she claims to represent.
- How they obtained your name and number.

HR Services can be reached at (626) 302-3456 or (800) 500-4723.

At this time, Edelman Financial Engines and Optum™ (our Employee Assistance Program), are the only vendors offering financial-related services recognized by the company.

Don't Miss Important Benefits Updates

Review Your Contact Information and Communication Preferences

Edison sends out important benefits information throughout the year. To ensure that you receive the latest updates, take a few minutes now to review the personal information and communication preferences on your *EIX Benefits Connection* profile. Keeping your mailing and home addresses up-to-date is also critical to your benefit coverage since your costs and the provider networks available to you are based on your home address.

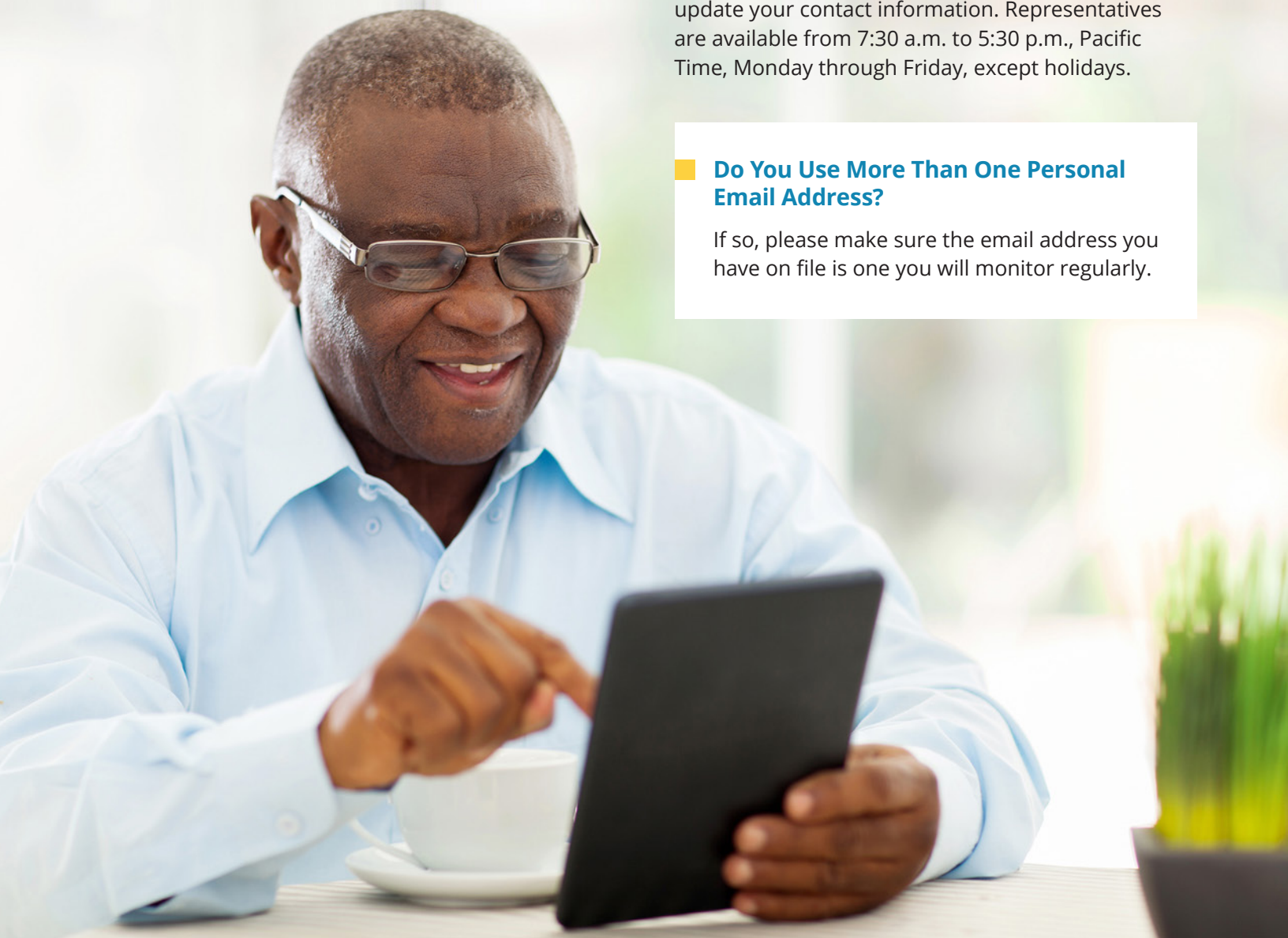
Review Your Contact Information

- **Step 1:** Visit the *EIX Benefits Connection* website at eixbenefits.com and login using your username and password.
- **Step 2:** Once logged in, click on your name in the upper right-hand corner of the home page to view your **Profile**.
- **Step 3:** Review the information on the **Personal Info** tab. To update the information displayed, click on the **Change** button. To receive text messages for multi-factor authentication when accessing www.eixbenefits.com, be sure to add or update your mobile phone number in the Text Messaging section. This phone number is not automatically passed from Edison.

Alternatively, you can also call *EIX Benefits Connection* at (866) 693-4947 and speak to a representative to update your contact information. Representatives are available from 7:30 a.m. to 5:30 p.m., Pacific Time, Monday through Friday, except holidays.

■ Do You Use More Than One Personal Email Address?

If so, please make sure the email address you have on file is one you will monitor regularly.





Set Your Communication Preferences

While reviewing the information in the Personal Info tab, take a moment to also review the preferences displayed on the Communications tab.

Generally, most system-generated communications such as confirmation statements and letters notifying you that a dependent child is nearing age 26, are sent via US Mail.

Other communications such as ad hoc benefits updates, 401(k) or Pension Plan information (if applicable), Annual Enrollment reminders, and quarterly distributions of *The Close Up*, are sent out based on the communication preferences you've selected. You can choose to have communications sent to your personal email address on file. If you choose not to receive these communications via email, hard copies of the communications will be mailed to you.

Please Note: While *EIX Benefits Connection* representatives can assist with updating your contact information, they cannot update your communication preferences. You must update your preferences while logged into the *EIX Benefits Connection* website.

Be Sure To Review Your Beneficiaries

Your *EIX Benefits Connection* profile also includes information about your beneficiaries on file. If you haven't reviewed your beneficiaries recently, be sure to review their names, addresses, and allocation percentages and update this information if needed.

SCE Company Picnic and Lineman’s Rodeo Coming June 1

All Edison International and Southern California Edison employees and families are invited to the SCE Company Picnic and Lineman’s Rodeo on Saturday, June 1, in Chino!

The Details

Date:	Saturday, June 1, 2024
Time:	7 a.m. to 1 p.m. — Lineman’s Rodeo 10 a.m. to 3 p.m. — Company Picnic
Location:	Prado Regional Park, 16700 S. Euclid Ave., Chino, CA 91708 <i>Free parking — just tell the attendant at the gate you are there for the SCE Company Picnic or Lineman’s Rodeo.</i>

i Bring your picnic gear — EZ-Ups, chairs, blankets, umbrellas, and ice chests.

The Lineman’s Rodeo provides SCE linemen a chance to showcase their physical and technical skills, with top finishers advancing to the International Lineman’s Rodeo later this year.

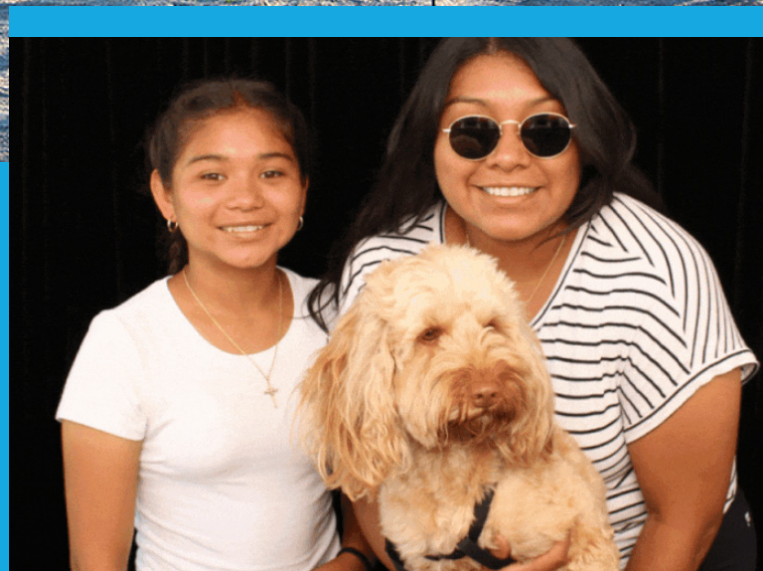




PLEASE NOTE: To make this huge event a success, we need volunteers! If you're able to lend a hand, please contact us at the email addresses below. There's a minimum two-hour shift required per volunteer, and you'll receive a meal ticket and picnic t-shirt for helping out.

For More Information

- Company Picnic Information:
CompanyPicnicInfo@sce.com
- Lineman's Rodeo Information:
LinemansRodeoInfo@sce.com



Learn More About the Aetna PPO Medicare Advantage Plan (MAP)

The Aetna PPO MAP with Extended Service Area (ESA) is one of the plans available to Medicare retirees. The Aetna PPO MAP is different from other PPO plans since the plan allows you to see any provider (whether in the network or not), and you pay the same out-of-pocket cost for both in-network and out-of-network medical benefits, as long as the provider is:

- | Eligible to receive Medicare payment
- | Willing to bill and accept payment from Aetna

Additional benefits provided to Aetna PPO MAP participants:

- | Transportation for 24 one-way trips (60 miles or less) per year
- | Home meal delivery of up to 14 meals post inpatient hospitalization
- | One home visit from a licensed doctor or nurse to do a safety assessment, medical and family history
- | SilverSneakers gym membership
- | \$45 per quarter Over-The-Counter (OTC) allowance

If you are enrolled in the Aetna PPO MAP, the flyer below gives your provider's office information about how the plan works and how to submit claims and get reimbursed by Aetna. Feel free to share this information with your provider next time you visit:

https://scemaplans.aetnamedicare.com/application/files/7617/0481/4406/23-Southern-California_Edison-0013_2023_For_Your_Doctor_Flyer_final.pdf

You can also scan the QR code with your smart device to access the flyer.

If you have any questions about the Aetna PPO MAP, visit [SCEMAPlans.AetnaMedicare.com](https://scemaplans.aetnamedicare.com) or call Aetna at (866) 409-1265 (TTY: 711), Monday – Friday, 5 a.m. – 6 p.m. PT.



Get Connected: Stay On Top of Your Aetna Benefits at Home or On the Go

Sign up for the Aetna member website

Get the most out of your Aetna benefits with online tools to help guide your health goals. On the site you can:

- | View and print your Aetna member ID card
- | Find providers and review claims
- | Get discounts on products and services

Visit www.aetna.com to get started. You'll need your member ID on hand to register.

Download the Aetna HealthSM app

When it comes to managing your health care benefits, the Aetna Health app has your back — anytime, from anywhere.

With the Aetna Health app, you can:

- | Access your Aetna member ID card whenever you need it
- | Review claim details and track spending
- | Find providers, hospitals and facilities near you

Text "GETSTARTED" to **90156**. You'll receive a download link. Message and data rates apply.



May is Mental Health Awareness Month

Sometimes the stress of life can get overwhelming and conditions such as anxiety, depression, or substance use can start to weigh us down and keep us from feeling like the best versions of ourselves.

The good news is that mental health conditions and substance use disorder are **treatable** medical conditions. Read on for more information about the resources available to you and your covered dependents.

Remember, if you or someone you care for is experiencing a medical or mental health emergency, call 911 immediately or go to the nearest hospital.

Medical Plan Coverage

Both Aetna and Kaiser Permanente medical plans provide coverage for mental health and substance use treatment. Coverage includes outpatient treatment sessions (in-person, telephonic, or virtual), inpatient treatment, partial hospitalization, and intensive outpatient treatment. Reach out to your health plan provider for more information about costs and how to find a provider.

Optum Employee Assistance Program

Optum EAP provides 24/7/365 free and confidential access to counseling and support for mental health, substance use, and more. Through Optum EAP, you and each person in your household receives **five free in-person or telephonic counseling sessions**, per issue, per year with a licensed clinician.

Call Optum EAP at (800) 443-4474 or visit liveandworkwell.com (access code: **edison**).

Think you may have a mental health condition or substance use issue?

Take an anonymous online screening by clicking [Take a Mental Health Test - MHA Screening \(mhanational.org\)](https://mhanational.org) or scanning the QR code at right with your smart device.



National and Local Resources

If you or a loved one needs to talk, text, or chat with someone:

- **National Suicide Prevention:** Call/text 988 or suicidepreventionlifeline.org
- **Substance Abuse and Mental Health Services Administration:** (800) 662-4357 or samhsa.gov
- **Crisis Text Line:** Text HOME to 741741

If you are struggling with substance use and could benefit from the support of a group, try contacting:

- **Alcoholics Anonymous** (in person at https://aa.org/pages/en_US/find-local-aa/ or online at <https://aa-intergroup.org/>)
- **Narcotics Anonymous** (in person at <https://na.org/> or online at <https://virtual-na.org/>)
- **Marijuana Anonymous** (in person at <https://marijuana-anonymous.org/> or online at <https://ma-online.org/>)

New Hours of Operation for HR Services

HR Services recently updated its hours of operation.

Representatives are now available on regular working days from 7:30 a.m. – 4:30 p.m., M, W, TH, F; and 12:15 p.m. to 4 p.m. on Tuesdays. Closed holidays.

For assistance, call (800) 500-4723 or (626) 302-3456, or email infocntr@sce.com.



Shine a Light on Loneliness

By Anjali Iyer

If there is one lesson I learned from COVID, other than that I was right to be a germaphobe all these years, it is that connection is what makes us human. We need each other more than we realize and in ways that we may not have realized.

Our ancestors relied on cooperative groups to gather the basic resources needed for survival. They realized living in isolation required far more effort and reduced the odds of survival. It is our ability to work together that took us from our origins in the plains of Africa to thrive in every corner of the planet.

Even as modern humans we are biologically wired to be socially connected to other humans. While we have developed technological advances that make it easier for us to acquire the necessities of life (contactless food delivery, etc.), they do not address our biological need to connect to other humans.

While COVID exacerbated this situation, public health statistics reveal that a decline in our social connectivity has been going on for years. From 2003 to 2019, the average time spent alone increased from 142.5 hours per month to 154.5 hours per month. The amount of in-person time young people spend with friends has declined by nearly 70% over the last 20 years.

Of the various health issues leading to premature death, multiple recent studies indicate that loneliness and isolation impact Americans at a greater rate than any others. Only 39% percent of American adults felt very connected to others, according to a 2022 study. Other recent surveys found that nearly 50% of American adults report experiencing loneliness. Compare that to 14.7% of American adults experiencing diabetes, or 41.9% experiencing obesity, or 12.5% suffering from the effects of smoking.

It is perfectly natural to experience transitory loneliness and isolation, but negative health impacts occur with chronic loneliness and isolation. The Surgeon General's advisory states "A lack of social

connection can increase the risk of premature death as much as smoking up to 15 cigarettes a day! Not to mention, the 29% increased risk of heart disease and 32% increased risk of stroke or increased risk of anxiety, depression, and dementia. Additionally, it may also increase susceptibility to viruses and respiratory illness."

But there is good news! Research has shown that people with positive relationships and support networks are likely to engage in healthier behaviors and have better health outcomes as a result. They are less susceptible to chronic stress and have a reduced risk for mental health conditions and other health problems such as obesity, heart disease, and diabetes. Even children and young adults demonstrate improved school attendance, better performance on academic achievement tests, and a higher likelihood of graduating with a 4-year degree. As working adults, they report lower rates of burnout, greater engagement, and a reduced rate of work-related injury or illness; all factors contributing to greater career advancement and satisfaction.

Here are some simple ways to help you become more connected:

- Find out what interests you and join a club** to meet others who share that interest, or volunteer to share your experiences with others. If you enjoy playing sports, join a pick-up game.
- Be of service.** If you are more of an art historian, many museums are looking for volunteers. SCE's volunteer calendar lists events almost every weekend.
- Want to learn a new skill?** Most cities offer classes in dance, art, sports, and technology for little to no cost. Book clubs are another way to learn something while meeting new people. Seek out and engage with people from different backgrounds and experiences.
- Be a connector.** Invest in your relationships and take time to spend with a family member or friend. Include others in your groups. Organize an event. Check in on that elderly neighbor.

If all of this sounds intimidating, and it can be, start small. Just smile at someone or say hello! Connections with other humans matter and help us lead healthier and happier lives. You were built for this! You can do it!

In Memoriam

March 2023 – February 2024 (dates by name reflect time of service)

MARCH 2023

Keith A. Sheldon (1/13/75 – 6/10/94)

MAY 2023

Rene Gonzalez (10/10/16 – 10/5/18)

JUNE 2023

Michelle C. Roberts (12/12/83 – 3/21/89)

JULY 2023

Richard A. Beauvais (7/7/70 – 3/20/89)

SEPTEMBER 2023

Carole Ann Cesarano (5/11/70 – 2/1/00)

Mitch Milich (12/15/99 – 11/27/02)

George J. Moffat (1/1/71 – 10/23/80)

OCTOBER 2023

William David Combs (6/19/17 – 10/15/21)

Stephen E. Drew (1/5/73 – 8/1/97)

Michael Vincent Duenas (11/5/07 – 9/7/13)

Robert A. Hernandez (12/18/89 – 3/1/05)

Dennis R. Hoffman (3/6/73 – 7/1/96)

Thomas L. Hutchins (1/1/71 – 11/1/97)

Larry W. Johnson (8/19/68 – 12/30/96)

Edward I. Jones (9/13/57 – 7/1/96)

Joseph E. Mastin, Jr. (11/6/89 – 12/1/10)

Dorothy I. Miyamoto (9/14/77 – 12/1/92)

Paul L. Racine (6/2/69 – 5/1/21)

Filemon G. Ubiadas (1/21/81 – 9/1/98)

NOVEMBER 2023

Thomas K. Anstaett (11/1/74 – 3/31/95)

Gilbert Barela (5/13/83 – 5/1/04)

Robert K. Binns (7/21/80 – 1/5/19)

John M. Casler (3/31/86 – 12/22/17)

Eric Cline (11/13/56 – 1/25/82)

Andrew J. Crist (12/22/80 – 12/29/17)

Hugo V. Deleon (4/12/71 – 6/1/89)

James K. Dunlap (11/30/65 – 7/8/97)

Margaret T. Ellena (12/20/76 – 10/1/96)

Annette L. Everett (1/12/70 – 2/1/00)

James W. Griswold (11/2/59 – 10/1/89)

William F. Hallett (10/12/76 – 5/31/14)

David Charles Hanna (6/8/09 – 9/21/16)

Theodore Haynes, Jr. (2/24/64 – 11/1/92)

Heinz G. Holl (3/6/63 – 1/3/94)

Micheal N. Holman (11/16/81 – 10/4/05)

Carl O. Hoppes (6/28/50 – 4/1/87)

George D. Lanpher (4/29/59 – 12/31/94)

Alex E. Lowman (3/18/99 – 5/1/02)

Allison L. McDaniel (5/22/78 – 5/29/88)

Lualhati P. Olivares (7/1/91 – 1/1/08)

Adrian Ouatu (7/31/78 – 5/1/99)

Peter S. Parro (2/17/69 – 7/1/96)

Donald R. Porter (1/20/58 – 6/1/90)

Henry C. Sonier (12/26/89 – 2/22/01)

Manuel Vidal (8/18/80 – 6/1/98)

Raymond W. Waldo (4/28/80 – 1/1/08)

Paul E. Wheeler (1/1/71 – 10/1/85)

Robert L. Woods (7/13/70 – 10/1/97)

DECEMBER 2023

Sidnee K. Abrahams (1/24/83 – 9/1/12)

James R. Bell (7/24/78 – 10/25/94)

Barrie A. Bever (1/1/71 – 1/6/78)

Ronald D. Borleau (6/25/73 – 7/1/96)

Michael Lee Bueno (4/9/07 – 10/6/23)

Charles R. Cardwell (1/28/54 – 5/1/90)

Joyce M. Castleberry (1/19/62 – 8/1/91)

Diane Claunch (6/15/70 – 11/1/96)

Malcolm P. De Ryck (9/8/80 – 12/1/18)

Michael G. Devereux (2/22/94 – 9/15/15)

Gwen S. Dow (1/1/71 – 5/31/99)

Romulo G. Elepano (12/26/72 – 7/1/96)

Susan J. Elliott (5/3/82 – 1/7/95)

Birtie Files (3/30/53 – 9/1/88)

William F. Flatters (8/17/87 – 8/1/95)

Janette Fletcher (7/12/82 – 10/1/96)

Sandra H. Gonzalez (4/13/81 – 8/20/18)

Gerald E. Hilsenhoff (10/20/69 – 6/1/00)

Hildegard M. Hunter (1/1/73 – 3/1/80)

David C. Jones (6/21/55 – 8/1/88)

Russell L. Keith (10/16/61 – 5/1/87)

Paul E. Kemper (5/11/71 – 11/1/04)

Lorentz A. Kjoss (1/7/74 – 1/1/96)

Larry Wayne Lee (1/15/04 – 10/4/13)

Eddi A. Mena (10/24/72 – 12/1/96)

Larry M. Morris (4/6/64 – 11/1/95)

Tanya R. Navarrete (10/9/80 – 11/1/94)

Angel J. Negron (12/15/99 – 5/25/13)

George Parrinello (8/26/59 – 7/1/95)

Lyman C. Pedersen (1/1/71 – 8/1/84)

Bette D. Reeder (4/6/84 – 3/1/96)

Lloyd S. Siats (1/1/71 – 1/26/79)

Earl B. Sonner (9/27/65 – 4/1/92)

Allan R. Soucy (4/1/74 – 9/24/81)

Grace B. Valkenburg (1/1/71 – 4/10/87)

Francis G. Walters (8/20/86 – 3/1/07)

Arthur W. Watherwax (5/22/72 – 10/8/78)

Timothy H. Zumwalt (9/30/68 – 11/1/96)

JANUARY 2024

Malcolm E. Anderson (1/24/83 – 8/1/13)

David G. Areghini (7/3/72 – 3/4/90)

Glenn J. Bjorklund (1/20/58 – 12/1/92)

Jon A. Burch (8/6/79 – 4/1/01)

Paula E. Christy (1/1/73 – 5/26/81)

Edward L. Clark (2/20/57 – 6/1/90)

Pete A. Cueto (10/9/84 – 7/1/07)

Donald L. Davis (3/23/64 – 11/1/96)

Antonio S. Dulog (1/26/09 – 6/13/16)

Michael J. Evers (12/1/69 – 4/1/11)

Vincent Reynold Fanty (5/13/02 – 1/7/24)

Robert D. Grimes (4/16/73 – 3/1/13)

Melvin M. Higa (9/8/80 – 7/1/96)

Marcum D. Ivey (8/3/54 – 4/1/92)

Evon Jacques (8/21/67 – 7/1/96)

Roger M. Janke (6/2/69 – 3/1/05)

Frank L. Karlovich (1/29/68 – 6/1/04)

Charles Katz (8/10/81 – 10/1/96)

Kenneth D. Lemmon (1/1/71 – 10/14/96)

Richard M. McCurdy (5/15/70 – 12/1/99)

Richard A. Nesmith (2/1/84 – 10/1/94)

Jose V. Padilla (5/15/85 – 9/1/00)

Jarred R. Peters (11/5/07 – 10/4/13)

Allen Everett Roberts (5/29/18 – 1/1/24)

B. Rogers (5/20/63 – 7/1/96)

Abelardo B. Santos (9/10/74 – 7/31/86)

Merle E. Stottlemeyer (1/2/85 – 7/1/03)

Robert C. Sullivan (7/13/60 – 11/1/90)

William R. Timm (6/26/78 – 12/1/13)

Antonio C. Velarde (10/24/78 – 11/1/21)

William M. Whaley (9/24/84 – 11/1/95)

Patricia J. Wingfield (8/17/81 – 4/1/02)

Harold Wood (1/1/71 – 1/1/83)

Anderson Wright (1/1/71 – 9/7/86)

FEBRUARY 2024

Tommy R. Blankenship (7/23/57 – 5/1/94)

Neil D. Vandruff (11/26/54 – 3/16/92)

Michael L. Wiley (4/25/66 – 6/1/02)

Harold G. Wilson III (8/1/69 – 5/1/13)

The In Memoriam list includes deaths reported to *EIX Benefits Connection* since the publication of the previous issue.

Service Anniversaries

Q2 2024

45 YEARS

Stephen Bach
Steven M. Roberts

40 YEARS

Gary S. Altman
Richard S. Barba
Byron D. Bean
Robert D. Bledsoe
Raul Campos
Fernando De Luna, Jr.
Matthew A. Deatherage
Dale C. Ducheny
Marcia N. Estes
Jerry J. Estrada
Leo K. Florez
Thomas E. French
Steven R. Graham
Darline Gray
Brad S. Guevara
Valerie J. Keeling
Gregory R. Le Van
Daniel M. Lemus
Leon Machado
Mark S. Martinez
Leslie W. Montgomery
Jay O. Mulvaney
David A. Newman
Isabel R. Nichols
George P. Perez
Eric A. Perine
Richard D. Sapp
Michael Saragosa
Lisa D. Sittman
William E. Vega
William Viramontes, Jr.
Scott J. Wakefield
Stephen W. Wallace
Jim C. Ward

35 YEARS

Antonio Amaral
Victor M. Armenta
Vincent J. Barone
James A. Blakley
Todd A. Boyle
Wayne M. Brown
Richard E. Cardenas
Julie Croom
Warren E. Doty
Cassandra D. Ellis
David B. Ford
Salvador Garcia
Trevia Y. Gray
Kimberlie J. Gurule
Damon L. Hayward
Jeff B. Hoffman
Joy K. Howard
Sean K. Jones
Paul G. Kasick
John R. Keelin
Gregg H. Kludjian
John Barry C. Lee
Lorie Madison
Dennis W. McDonald
Stephanie K. Moore
Eric S. Morris
Jose L. Navarro
Courtney A. Norwood
Guadalupe Perez
Harold Saldana
Norma Adriene Salgado
Kathleen Ann Samaniego
Gina L. Sanchez
Norman B. Santiago
Richard D. Scott
Thuan Q. Tran
Julie L. Trujillo
Chad M. Watson

30 YEARS

Estela Aguilar
Frank R. Alvarez, Jr.
Susan E. Carazo
Lorena Carrasco
Adolfo Cazares
Laura S. Flores
Michael L. Galvan
Yolanda D. Hunter
John C. King
Hav Lim
Nora S. Lui
Patricia C. Murillo
Michelle Nuttall
Caroline A. Pespisa
Patrick D. Ryan
Tracy Michele Sanders
Gregg R. Spatz
Yashica P. Wiley

25 YEARS

Esam I. Abraham
Isidro Alcantar, Jr.
Marcelo Andrade
Angele Marie Andrews
Steven Arciniega
Pamela A. Arnold
Alejandro Baro
Michael P. Biggins
Thomas K. Braun
Cecilia G. Campos
Jorge Chacon
Christopher S. Clarke
Adam C. Colca
Mark C. Dieter
Scott M. Edwards
Matthew E. Gatica
Brent F. Gokbudak
Robert M. Haines

Martin D. Kaczmarek
John O. Kahrs
Curtis M. Kelly
Adriene J. Luck
Damon Kwok Lui
Paul A. McCabe
Scott A. Miller
Lupe Montoya
Sophal Noeun
Michelle A. Paulin
Rosa E. Pina
John P. Reichle
Michael J. Resendez
Ben A. Rosales
Rogelio Salas
Sanger R. Samples
Ryan M. Schmidt
Hongyan Sheng
Robert M. Shull
Ramon S. Siqueiros
Robert J. Smith
Sandra C. Solis
Judy M. Swavely
Gabriela Villalobos
Kenneth J. West
Patricia Y. Wong
Joel T. Wyand



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The Close Up is intended solely for retirees and survivors who are eligible for retiree health care coverage under the Edison International Welfare Benefit Plan. Other groups may have different benefits than those represented in this newsletter.



Human Resources Information for
Retiree Health Care Plan Members

THE CLOSEUP

In This Issue!

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